



Bike the Sites News

Volume 2.3: September 2005

CONTENTS

1. Newsletter Volume 2.3
2. "Locals" tour to benefit WABA
3. Ghost Tour
4. Fall Foliage Tour
5. Trips for Kids
6. Bike Swap
7. Need more brochures?

NEWSLETTER VOLUME 2.3

*Professionally Guided
Bicycle Tours and Rentals*

\$3 for a gallon of gas? Even more reason to go by bike! Please join us in supporting WABA's efforts to promote biking by coming to our "locals" tour later this month. Don't miss Bike the Sites' seasonal tours this fall - learn about the spooky side of the nation's capital on the Ghost tour or enjoy the fall foliage on the C&O Canal ride. See below for details.

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"LOCALS" TOUR TO BENEFIT WABA

Support WABA (Washington Area Bicycling Association) and join us for a guided tour of the National Mall specifically designed for locals. WABA promotes bicycling as a healthy and sustainable means of transportation, advocates for better riding conditions in the metro DC area, offers bike safety and other educational programs, and provides its members with valuable information about commuting, advocacy and other cycling issues.

Details:

Monday, September 26 6 to 8 pm (meet at The Old Post Office Pavilion; Federal Triangle metro) After the ride, we'll head to Elephant & Castles to "re-carb". \$15 suggested donation (\$10 for WABA members) 100% of proceeds to benefit WABA

Please RSVP to Maggie@waba.org or Kelly@bikethesites.com; if you would like to reserve a bike, please provide your height. Space is limited; reserve early to guarantee your spot and be eligible for prizes.

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E-MAIL: info@bikethesites.com
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GHOST TOUR

Learn about famous ghosts, local myths, legends, and unexplained phenomena of our nation's capital on this leisurely tour. The ghost tour will be offered on Oct. 28, 29 and 30 evenings, and is available to groups of 10 or more upon request. Visit www.bikethesites.com for more information and to make reservations.

FALL FOLIAGE TOUR

Come and experience the beauty of nature from the seat of a 21-speed comfort bike. Starting at the Georgetown waterfront, the fall foliage tour follows the flat and wide C&O canal trail for approximately two hours and provides spectacular views of the Potomac River and colorful foliage. Offered Sundays from 1 to 3 pm (Oct 16, 23, and 30 and Nov. 6) and by request for groups of 10 or more. Level of difficulty: moderate.

TRIPS FOR KIDS BIKE SWAP

Looking for great deals on bikes and biking equipment? Stop by the bike swap & youth rodeo sponsored by Trips for Kids Metro DC, an organization dedicated to helping disadvantaged youth in the DC area. Saturday, Sept 17, 10 am to 4 pm; Robert E. Lee High School, 6540 Franconia Rd, Springfield, VA.

See tfkmetrodc.org for more information

NEED MORE BROCHURES?

Please let us know if you need more brochures to display at your hotel or business, or to distribute to friends, family and business associates. Email brochures@bikethesites.com or call 202-842- BIKE with delivery or mailing information.

Thanks for helping us spread the word about the best way to see Washington!!

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